

# NATIONAL CAREERS WEEK

## HOW CAN WE GET INVOLVED?

### PART 2



enquiry@careersatsea.org  
careersatsea.org

Careers at Sea are excited to share what it's like working and training in the Merchant Navy, especially to those who may have never considered this pathway before.

We've got plenty of ways you can help from providing pictures and videos to sharing your own experiences. Take a look below and get in touch!

(NB subject to vessel protocol, please check with your company before providing video footage or photos)

#### Request for Resources

**Video profiles** – we want to host a series of videos of cadets and seafarers that we can send to schools and colleges to introduce Careers at Sea if they cannot host live sessions. Can you help provide this? We'll provide the careers information, you provide the experience.

**“Come onboard”** – simple really, get pictures of yourself or your crews working on board ship and we'll share how people can get on board themselves!

**Virtual Ship Tours** – can you offer a virtual tour of one of your vessels? Could one of your crew provide a 'walk around the vessel' such as to the bridge, the engine room and on deck?

**Meet the...** - Make a video (preferable) or write a short profile of what you do and your experiences; we're asking for UK nautical college lecturers, seafarers, Careers at Sea Ambassadors and cadets.

#### Other ways to get involved

**Share our social media posts** – Twitter, Facebook, Instagram and LinkedIn; spread the word about getting involved

**Interested in becoming an Ambassador?** – have you worked on board ship in the Merchant Navy and trained in the UK? They could join our volunteer team (more info on our website [www.careersatsea.org/ambassadors](http://www.careersatsea.org/ambassadors))

#### What are we doing for the week?

Careers at Sea webinar for Careers Advisers: 2 March #TidalTuesday at 1530, with a focus on Engineering pathways

Virtual Careers Fair – platform available for students to explore careers (including videos, photos, info and how they can apply)

School visits – schools have asked for our Ambassadors to speak to their students direct

Social media posts – sharing specific pages, spreading news about our Ambassadors and raising awareness of the Merchant Navy